

## CONTENTS

1.	INTRODUCTION	1
2.	GUIDELINES ON VERIFYING MICROWAVEABLE FOOD REHEATING INSTRUCTIONS	2
3.	EQUIPMENT AND ENVIRONMENT OR CONTROLLED TESTING	4
4.	MEASUREMENT OF POWER DELIVERED BY MICROWAVE OVENS	6
5.	UK LABELLING SCHEME FOR OVENS AND FOODS	8
	REFERENCES	11
	APPENDIX 1	13
	APPENDIX 2	14